

GIRLS COMPULSORY TEAM- Comp FUND detail 2008-2009

Gymnast's Name _____ Level _____

**Competition Fees are divided into six equal payments due on or before;
September 15th, October 15th, November 15th, December 15th, January 15th and February 15th**

Girls Compulsory Team Competition FUND	Gemstone Level 4	Gemstone Level 5	Gemstone Level 6	Gemstone Pre 7	Financial Commitment
TEAM FEES:					
USAG Number:	\$48	\$48	\$48	\$48	
Professional Memberships, State & Regional fees:	\$14	\$14	\$14	\$14	
Coaches Uniforms and Education:	\$121	\$121	\$121	\$121	
Contribution to National Qualifiers:	\$24	\$24	\$24	\$24	
Comp FUND Administration	\$35	\$35	\$35	\$35	
Pre/Post Season Awards	\$30	\$30	\$30	\$30	
Camps, Clinics, Field Trips and Sleepovers	\$92	\$92	\$92	\$92	
Total TEAM FEES:	\$364	\$364	\$364	\$364	
UNIFORM: Only if Needed					
Size Needed	Only if Needed	Only if Needed	Only if Needed	Only if Needed	
Competition Leo	\$160	\$160	\$160	\$160	
Competition Tank Leo	\$75	\$75	\$75	\$75	
W-Up Jacket	Self purchase	Self purchase	Self purchase	Self purchase	
W-Up Pants	Self purchase	Self purchase	Self purchase	Self purchase	
Total UNIFORM:	\$235	\$235	\$235	\$235	
Total COACHES TRAVEL & EXPENSE FEES: See Explanation Attached	\$306	\$380	\$380	\$167	
MEET ENTRY FEES:					
1220 – Mock Meet and Clinic - CdA, ID	\$50	\$50	\$50	\$50	
1/17 – 1/19 – LEGA Seattle, WA	\$90	\$90	\$90	\$90	
1/24 –Dynamic Gymnastics Spokane, WA	\$75	\$75	\$75	\$75	
2/7 – Palouse Empire Moscow, ID	\$75	\$75	\$75	\$75	
2/20 – 2/22 – GWGF CdA, ID	\$90	\$106	\$106	\$80	
3/7 – BSU Open Boise, ID	N/A	\$90	\$90	N/A	
3/13 – 3/15 – Mismo Missoula, MT	\$75	\$75	\$75	N/A	
3/27-3/29 STATE MEET Pocatello, ID	\$70	\$70	\$70	\$75 championship	
Sub Total MEET ENTRY FEES:	\$525	\$631	\$631	\$355	\$
Subtract Meet Entry Fees you are NOT attending					-
TOTAL MEET ENTRY FEES:					
Your GRAND TOTAL:					
Team Fees + Uniform +Coaching Fees + Entry Fees=	\$1,430	\$1,610	\$1,610	\$1,121	

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Your GRAND TOTAL:					
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GIRLS COMPULSORY COMPETITION DETAILS

Mock Meet and Clinic:

YES Prep Opt and LEVELS 4 – 10

Weekend Of: December 20th 2008

Meet Site: Funtastics Coeur d Alene

Address: 6360 Sunshine Street, CdA, ID 83815

Phone: 208-772-9443

Possible Information about level session days and times and meet hosts web site:

<http://www.funtastics.org>

Session Dates / Times:

LEGA, Seattle Open:

YES, Level 4's, 5's, 6's, 7's, 8's, 9's, 10's / NO Prep Opt

Weekend Of: Friday January 17th – Sunday January 19th 2009

Meet Site: Lynnwood Convention Center

Address: 3711 196th Street S.W., Lynnwood, Washington 98036

Phone: (425) 353 - 9137

Fax:

Email: Leading.edge.gym@hotmail.com

Possible Information about level session days and times and meet hosts web site:

<http://www.legym.com>

Admissions:

- **Adults:** \$10/session, \$25/Full Day, \$35/Weekend Pass
- **Seniors:** \$8/session, \$20/Full Day, \$30/Weekend Pass
- **Children:** \$5/session, \$10/Full Day, \$20/Weekend Pass: Under 2 -- Free

Session Dates / Times: Meet Format: Non-Traditional Capitol Cup, AAI Equipment

Saturday, January 17, 2009 Optional Competition

Session #1 Level 7-A # of Gymnasts: 54

Open Warm-up: 8 am

March-in: 8:30 am

Meet: 8:30 am

Awards: 11 am

Teams: Athletic Edge, Bronco Elite, Falcon, Grace, MAC, North Coast, Phoenix, Wings

Session #2 Level 8 # of Gymnasts: 50

Open Warm-up: 11:30 am

March-in: 12 pm

Meet: 12:05 pm

Awards: 3 pm

Teams: Athletic Edge, Bronco Elite, CEG, **Funtastics**, GU, Grace, LEGA, MAC, Metro, North Coast, Pop, PSG

Session #3 Level 9 # of Gymnasts: 41

Open Warm-up: 3:30 pm

March-in: 4 pm

Meet: 4:05 pm

Awards: 6 pm

Teams: Athletic Edge, Bronco Elite, CEG, Falcon, **Funtastics**, GU, Grace, LEGA, MAC, Metro, PSG, Wings

Session #4 Level 10 # of Gymnasts: 25

Open Warm-up: 6:30 pm

March-in: 7 pm

Meet: 7:05 pm

Awards: 9:00 pm

Teams: Athletic Edge, CEG, **Funtastics**, LEGA, MAC, PSG

Sunday, January 18, 2009

Session #5 Level 7-B # of Gymnasts: 47

Open Warm-up: 8 am

March-in: 8:30 am

Meet: 8:35

Awards: 10:30 am

Teams: CEG, **Funtastics**, GU, LEGA, Metro, Naydenov, Omega, Peak Elite, POP, PSG

Session #6 Level 6 # of Gymnasts: 59

Open Warm-up: 11:00 am

March-in: 11:30 pm

Meet: 11:35 pm

Awards: 2:30 pm

Teams: Bronco Elite, CEG, **Funtastics**, GU, Grace, LEGA, Metro, Naydenov, North Coast, POP, PSG, Peak Elite

Session #7 Level 5-A # Of Gymnasts: 50

Open Warm-up: 3:00 pm

March-in: 3:30 pm

Meet: 3:35 pm

Awards 5:30 pm

Teams: A.I.M., Bronco Elite, **Funtastics**, GU, Independent, Naydenov, North Coast, PSG, Peak Elite

Session #8 Level 4-A # of Gymnasts: 89

Open Warm-up: 5:45 pm

March-in: 6:15 pm

Meet: 6:20 pm

Awards: 9 pm

Teams: Bronco Elite, **Funtastics**, GE, GU, Naydenov, North Coast, PSG, Peak Elite

Monday, January 19, 2009

Session #9 Level 5 # of Gymnasts: 68

Open Warm-up: 8:30 am

March-in: 9 am

Meet: 9:05 am

Awards: 11:30 am

Teams: CEG, GE, Grace, GE, LEGA, Metro, POP

Session #10 Level 4 # of Gymnasts: 92

Open Warm-up: 12 pm

March-in: 12:30 pm

Meet: 12:35 pm

Awards: 3:30 pm

Teams: CEG, Grace, LEGA, Metro, POP

Hotel Info: ???

Travel Info: ???

Location & Directions

*Lynnwood Convention Center
3711 196th Street S.W.
Lynnwood, Washington 98036*

From Downtown Seattle

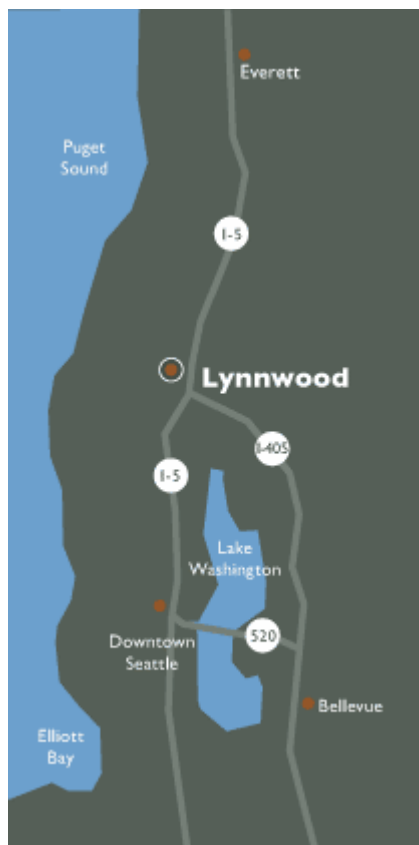
- Take I-5 North for 15 miles
- Take Exit 181B (Alderwood Mall)
- Take left onto Poplar Way (first light)
- Take left onto 196th Street
- Drive West over freeway block to convention center on the right

From North/ Everett

- Take I-5 Southbound
- Take Exit 181 West
- Drive West one block to convention center on the right

From Eastside/Bellevue

- Take 405 Northbound
- Merge onto I-5 Southbound
- Take Exit 181 West
- Drive West one block to convention center on the right



“FLIP FESTIVAL” Dynamic Gymnastics:

YES Prep Opt, Level 4's, 5's, 6's, 7's, 8's, 9's, 10's

Weekend Of: Saturday January 24th 2009 and Sunday January 25th 2009

Meet Site: Spokane Convention Center (Ballrooms B and C)

Address: 334 W. Spokane Falls Blvd., Spokane, WA 99201

Phone: (509) 475-8065

Possible Information about level session days and times and meet hosts web site:

<http://www.flipfest.org>

Session Dates / Times:

FINAL Schedule as of January 21, 2009

SATURDAY, January 24

Session Level(s) Open Warm Up March In Awards # of Gymnasts

1 Boys: All 8:00am 8:30am 11:00am 56

2 Level 4 11:30am 12:00pm 3:30pm 78

3 Level 7 3:30pm 4:00pm 7:00pm 64

4 Levels 8-10 7:00pm 7:30pm 10:00pm 39

SUNDAY, January 25

Session Level(s) Open Warm Up March In Awards # of Gymnasts

5 Levels 5 & 6 8:00am 8:30am 12:00pm 76

6 Funtastics NOT in this session

7 Novice Rec Opt 3:00pm 3:30pm 6:00pm 63

8 Adv Rec Opt 6:00pm 6:30pm 8:30pm 40

Admissions:

Tickets are on sale at the door only prior to the event. Ticket office opens at 7:30am Saturday and Sunday.

Ages Per Session Day Pass Weekend Pass

Adult (13 & Over) \$7.00 \$15.00 \$25.00

Child (6-12yrs) \$5.00 \$10.00 \$15.00

5 & Under FREE FREE FREE

Athletes No charge No Charge No Charge

Host Hotels:

Doubletree Spokane City Center--\$99 per night

Location: on-site

On-site restaurants

Call (509) 455-9600

Blocks are limited at this time. If they are full, please e-mail Kelly Conley at flipfest@comast.net

Fairfield Inn Spokane--\$94 per night, gymnasts & \$84 per night, coaches

Location: 2 blocks

Breakfast included, indoor pool

Call (509) 747-9131

Davenport Hotel & Towers--\$129-\$144 per night

Location: 6 blocks

Historic downtown luxury, on-site restaurants, tower only

Call (800) 899-1482

Food Service:

The Spokane Convention Center offers a wide variety of foods throughout the event, including coffee. There are several affordable restaurants within walking distance, including Azteca, Rock City Grill and the food court at Riverpark Square.

Parking:

Convenient parking is available at the Convention Center or at several lots across the street. There is generally a parking fee.

Vendors:

Flip Festival will host several vendors this year, including:

- Gymnastics Pro Shop
- Action Sportswear Meet Apparel
- Timeless Images Professional Photography
- Parent & Athlete Massage Services

Map URL:

<http://maps.google.com/maps?f=d&saddr=6360+N+Sunshine+St,+Coeur+D'Alene,+ID+83815&daddr=334+W.+Spokane+Falls+Blvd.,+Spokane,+WA+99201&hl=en&geocode=&mra=ls&sll=48.004625,-116.674805&sspn=0.871052,2.167053&ie=UTF8&z=10>

Directions:

Driving directions to 334 W Spokane Falls Blvd, Spokane, WA 99201

33.1 mi – about 38 mins



6360 N Sunshine St
Coeur D'Alene, ID 83815

- | | | |
|------------------------------------------------------------------------------------------------------------------|--|---------|
| 1. Head north on N Sunshine St toward W Hanley Ave | | 141 ft |
| 2. Turn left at W Hanley Ave | | 413 ft |
| 3. Turn left at US-95 S | | 2.1 mi |
| 4. Turn right to merge onto I-90 W toward Post Falls/Spokane
Entering Washington | | 29.3 mi |
| 5. Take exit 282A for WA-290 E/Hamilton St/Trent Ave | | 0.8 mi |
| 6. Turn left at E Spokane Falls Blvd/E Trent Ave/WA-290
Continue to follow E Spokane Falls Blvd | | 0.8 mi |



334 W Spokane Falls Blvd

Palouse Empire Gymnastics:

YES Prep Opt, Level 4's, 5's, 6's, 7's, 8's, 9's, 10's

Weekend Of: Friday February 6th – 8th 2009

Meet Site: University of Idaho - Memorial Gym . Reyburn St, Moscow, Idaho

Address:

Phone: (509) 475-8065

Possible Information about level session days and times and meet hosts web site:

<http://www.palouseempiregymnastics.com/palouseinvite.html>

DAILY ADMISSION FEES

\$10/adult - \$5/child 5-18/Seniors and College Students with ID

FREE Children 4 and under and PEG students

Participating gymnasts can come and support their teammates anytime during the weekend. Please check in at admissions.

PARKING

Parking is free after 5pm on Friday.s and all day on weekends. There is a large lot located at 6th and Reyburn and a small lot adjacent to Memorial Gym.

Parking Map Link <http://www.dfa.uidaho.edu/parking/maps.aspx>

****NOTE**** We are in negotiations with the university to arrange parking for the Friday 2pm session, however, at the time of this publication, visitors will need to get a parking pass (\$1) at the Visitors Center located on Pullman Rd in order to avoid a ticket.

Session Dates / Times: **UPDATED 01/12/09** **FUNASTICS TIMES IN BOLD**

Friday February 6 Warm-up

Level 4 (82) 2:00pm

RecOpt (65) 6:00pm

Saturday February 7 Warm-up

Level 6 (44) 8:00am FUNASTICS

Level 7 (44) 11:00am

Level 8 (41) 3:00 pm FUNASTICS

Level 9/10/College(30) 7:00pm FUNASTICS

Sunday February 8 Warm-up

Level 7 (46) 8:00am FUNASTICS

Level 5 (48) 11:30am

Level 5 (57) 2:30pm FUNASTICS

Level 3/PreL4/Level4 (75) 5:30pm FUNASTICS

Hotel Info:

HOST HOTEL

Best Western University Inn 208-883-0550

Mention you are with the gymnastics competition to get a promotional rate. Reservations must be made by January 12th!

GOOD LUCK WISHES ON THE BIG SCREEN!

For only \$10 you can wish your special gymnast good luck on the big screen.

Send your JPEG image with embedded text to

palouseempire@verizon.net by January 25. Please include the words .PI Big Screen Ad. in the subject line. Also include the additional contact information:

Payee Name and Phone Number

Gymnast.s Name

Gymnastics Club

Level

Session

Send your payment to: PEG 810 North Almon, Moscow, Idaho 83843

PROGRAM ADS

Program ads are also available for Corporate Advertising or Personal Good Luck ads. Send your

JPEG image with embedded text to palouseempire@verizon.net by January 25th

Please include the words .PI Program Ad. in your email subject line. Also remember to include your contact information: Payee or Company Name / Phone #

Business Card Size

\$10 Personal Good Luck Ad

\$25 Corporate Advertising

¼ Page Size

\$20 Personal good Luck Ad

\$50 Corporate Advertising

Send your payment to:

PEG

810 North Almon

Moscow, Idaho 83843

MORE FUN STUFF!

\$5 Balloon-a-grams~~~~T-shirts by Fine Designs~

Check out the design below~~~~Fun KidZone

entertainment for siblings~FREE~~~~ Concessions

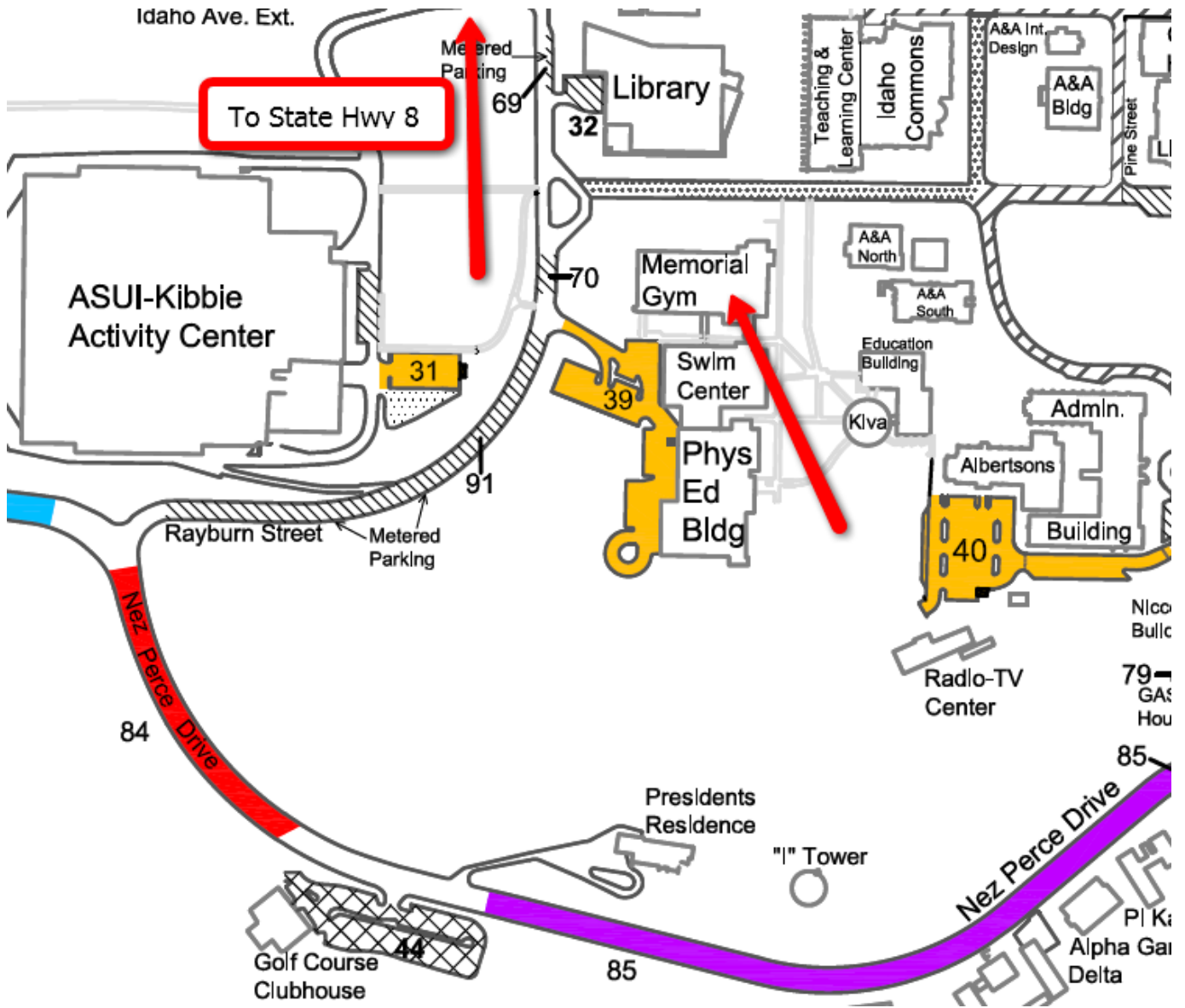
~~~~ Huge Raffle Baskets~~~~ProShop

Items~~~~2 Drawings for one free week at

Woodward Gym Camp!~~~~Destira Leotards in the

ProShop

Map:



Directions: From State Hwy 8, Take Rayburn Street to Memorial Gym

# GWGF:

## YES LEVELS 4 – 10 / NO Prep Opt

**Weekend Of: February 20<sup>th</sup> – 23<sup>rd</sup> Friday - Monday**

**Meet Site: Coeur d Alene Resort**

**Address:** 115 S 2nd St, Coeur D Alene, ID 83814

**Phone:** (208) 664-0135

**Possible Information about level session days and times and meet hosts web site:**

<http://greatwestgymfest.com>

**Session Dates / Times:** **Funtastics competes in the highlighted sessions** or FUN-

**THURSDAY, Feb. 19<sup>th</sup>**

Teams arrive. We may have workout time available, depending on when we can get into the gym.

### **FRIDAY, February 20th at the Resort:**

**Session 1: Level 8A**

Check in: 7:30  
March in: 8:20  
Awards: 10:30

**Session 2: Level 8B**

Check in: 9:30  
March in: 10:30  
Awards: 12:40

**Session 3: Level 9A**

Check in: 11:40  
March in: 12:40  
Awards: 3:05

**FUN-Session 4: Level 9B**

Check in: 2:10  
March in: 3:05  
Awards: 5:40

**FUN-Session 5: Level 10/Open A**

Check in: 4:40  
March in: 5:40  
Awards: 7:45

**Session 6: Level 10/Open B**

Check in: 6:45  
March in: 7:45  
Awards: 10:00

### **SATURDAY, February 21st at the Resort:**

**Session 7: Level 8C**

Check in: 7:30  
March in: 8:20  
Awards: 10:25

**FUN-Session 8: Level 8D**

Check in: 9:30  
March in: 10:30  
Awards: 12:35

**FUN-Session 9: Level 7A**

Check in: 11:45  
March in: 12:40  
Awards: :3:00

**Session 10: Level 6A**

Check in: 2:00  
March in: 3:00  
Awards: 5:10

### **Sunday, February 22nd at the resort:**

**Session 12: Level 7B**

Check in: 7:30  
March in: 8:20  
Awards: 10:40

**FUN-Session 13: Level 6B**

Check in: 9:30  
March in: 10:45  
Awards: 12:55

**Session 14: Level 7C**

Check in: 12:00  
March in: 1:00  
Awards: 3:20

**Session 15 Level 7D**

Check in: 2:25  
March in: 3:25  
Awards: 5:45

**Session 16: Level 5A**

Check in: 4:50  
March in: 5:50  
Awards: 8:25

### **Monday, February 23rd at the resort:**

**Session 17: Level 5B**

Check on: 7:30  
March in: 8:20  
Awards: 10:50

**FUN-Session 18: Level 5C**

Check in: 9:55  
March in: 10:55  
Awards: 1:20

**Session 19: Level 4A**

Check in: 12:45  
March in: 1:45  
Awards: 4:00

**FUN-Session 20: Level 4B**

Check in: 3:15  
March in: 4:15  
Awards: 6:30

#### **Saturday Session 11: The BIG SHOW Event Finals:**

Check in for competitors and their families: 5:50

Doors open for spectators 6:15 ( or as soon as the gym is setup!!)

General Warm-up: 6:00 – 6:30 **\*\*Note: We are now planning on having our top level 8s in Big Show!!**

March in: 6:50

Awards: 9:45

**The Athletes Midnight Dance Party at the Resort! Sat. 10:15pm – 1:00**

**Hotel Info:** Host Hotel: The Coeur d' Alene Resort (800) 688-5253 or (208) 765-4000

**Other host hotels:** ~ Coeur d' Alene Inn 208-765-3200 ~ The Shilo Inn 208-664-2300  
~ Silver Lake Motel 208-772-8595 **\*\*Ask for the Great West Gymfest rates!\*\***

~ The athlete's gift will be **"Soffe Style" shorts, NOT sweats.**

# Ticket Information

for session admission tickets go to [www.ticketwest.com](http://www.ticketwest.com) or 1-800-325-SEAT

(Tickets are \$2 more at the door IF AVAILABLE)

**Please DON'T call Funtastics for session tickets, as none will be available through the gym!**

Pre-purchased tickets for Friday daytime \$15/adult \$10/child

Pre-purchased tickets for Saturday day time \$12/adult \$8/child

Pre-purchased tickets for Sunday \$13/adult \$9/child

Pre-purchased tickets for "The Big Show" finals: \$20

Athletes tickets for 'The Big Show!' \$5/athlete (Only 300 tickets available at this price. This is for the "athlete seating area" only!

Pre-purchased 'All Access' weekend passes: \$40/adult \$27/child

For the athlete's passes for the Big Show Event finals, you must use the following code:

**GWGF09AT**

There will only be 300 of these tickets available, and they will be "floor" seats. Athletes with these tickets will NOT be allowed to sit in the regular bleacher or chair sitting areas. Once the 300 tickets are gone, they must purchase regular priced tickets. Any athlete who qualifies for finals will, of course, have their money refunded!

All athlete party tickets and Ice Cream social tickets are available immediately by emailing your request to [funflip@msn.com](mailto:funflip@msn.com)

**"Hang Out With The Olympians" Ice cream social!**

> We ALWAYS have LOTS of Olympians and celebrities around (last year we had NINE Olympians!) and this year will be no exception! We are going to have a special "Hang out with the Olympians" Ice Cream Social again this year, where for only \$10, you get a great ice cream sundae, a full color commemorative poster, and a chance to get autographs, take pictures and talk one-on-one to your favorite Olympians! This will be Saturday afternoon at the Resort! You can sign up early, or on-site, if there are still spots. Don't miss it! **Limited to 160 participants!**

**\*\*New!\*\* Parent's Pow Wow**

Enjoy a bowl of soup, ice tea and ask questions and hear expert wisdom from great coaches and celebrities! Only \$12!! A great deal! Email [funflip@msn.com](mailto:funflip@msn.com) to reserve yours!

~ Ice cream social tickets are available by email and will sell out!

~ We have a new "Parent's Pow Wow" soup, beverage and question time!

~ Gymnast's "Midnight Dance Party" tickets are also available by email, and will sell out!

**Gymnast's midnight dance Party!**

This year, we will be inviting all of our athletes to the Saturday night blowout "Midnight Dance Party" at the Resort! The party will go from 10:00—1:00 after the Big Show finals! This is one of our highlight events, as we have a terrific 'kid friendly' buffet, live DJ's and celebrities. This year, we are LOWERING the price to only \$19.00/ticket! Strictly Limited to only 350 athletes!

**These tickets are available immediately by emailing [funflip@msn.com](mailto:funflip@msn.com)!**

\*\* NOTE 1: All "Big Show" event finalists will receive their party ticket for free as a token of our congratulations. Any money paid for these athletes will be refunded to you at the meet!\*\*

\*\* NOTE 2: THERE ARE FEW, IF ANY TICKETS AVAILABLE AT THE MEET, AND AS A MATTER OF FACT, THESE TICKETS MAY SELL OUT FASTER THAN THE MEET! SEND IN THIS FORM AND THE REQUIRED FUNDS AS SOON AS POSSIBLE, AS WE ARE STRICTLY LIMITED ON GUESTS! SORRY, WE WILL BE UNABLE TO MAKE ANY EXCEPTIONS OR ACCOMMODATE LAST MINUTE REQUESTS, EXCEPT FOR EVENT FINALISTS (See note 1 above)

ALL TICKETS FOR THE PARTIES ARE NON-REFUNDABLE!\*\*

# Boise State University Open:

YES Level 5's, 6's 7's, 8's, 9's, 10's / NO Prep Opt, Level 4's

**Meet Site: Boise State University**

**Address:** 1910 University Dr, Boise, ID 83706

**Phone:** (208) 426-3867

**Date:** Friday March 6 – Saturday March 7<sup>th</sup> 2009





**Directions:**

Driving directions to 1910 University Dr, Boise City, ID 83725

**3.3 mi** – about **9 mins**



Boise Air Terminal

1. Head **southeast** on **W Airport Way** toward **W Airport Way/W Wright St**  0.4 mi
2. Continue on **S Vista Ave**  2.4 mi
3. Continue on **S Capitol Blvd**  0.2 mi
4. Turn **right** at **University Dr**  0.4 mi  
Destination will be on the left



1910 University Dr  
Boise City, ID 83725

**Lodging:**

**2009 Boise State University Gymnastics Open Schedule**

**Friday March 6th**

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|                       |                            |
|-----------------------|----------------------------|
| <b>Session 1</b>      | <b>Level 6 and Level 3</b> |
| Gym Opens             | 7:45am                     |
| Open Warm-up          | 8:00am-8:20am              |
| March in              | 8:20am-8:35am              |
| Competition           | 8:35am-10:15am             |
| Awards Directly After |                            |

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|                       |                 |
|-----------------------|-----------------|
| <b>Session 2</b>      | <b>Level 5</b>  |
| Open Warm-up          | 10:30am-10:50am |
| March In              | 10:50am-11:05am |
| Competition           | 11:15am-1:55pm  |
| Awards Directly After |                 |

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|                       |                |
|-----------------------|----------------|
| <b>Session 3</b>      | <b>Level 4</b> |
| Open Warm-up          | 2:10pm-2:30pm  |
| March In              | 2:30pm-2:45pm  |
| Competition           | 3:00pm-6:00pm  |
| Awards Directly After |                |

**Saturday March 7th**

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|                       |                |
|-----------------------|----------------|
| <b>Session 4</b>      | <b>Level 7</b> |
| Gym Opens             | 7:45am         |
| Open Warm-up          | 8:00am-8:20am  |
| March In              | 8:20am-8:30am  |
| Competition           | 8:50am-12:10pm |
| Awards Directly After |                |

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|                       |                 |
|-----------------------|-----------------|
| <b>Session 5</b>      | <b>Level 8</b>  |
| Gym Opens             | 11:40am         |
| Open Warm-up          | 11:55am-12:25pm |
| March In              | 12:25pm-12:40pm |
| Competition           | 12:55pm-3:15pm  |
| Awards Directly After |                 |

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|                       |                |
|-----------------------|----------------|
| <b>Session 6</b>      | <b>Level 9</b> |
| Gym Opens             | 2:45pm         |
| Open Warm-up          | 3:00pm-3:30pm  |
| March In              | 3:30pm-3:45pm  |
| Competition           | 4:00pm-6:20pm  |
| Awards Directly After |                |

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|                       |                 |
|-----------------------|-----------------|
| <b>Session 7</b>      | <b>Level 10</b> |
| Gym Opens             | 5:50pm          |
| Open Warm-up          | 6:05pm-6:35pm   |
| March In              | 6:35pm-6:50pm   |
| Competition           | 7:05pm-9:30pm   |
| Awards Directly After |                 |

# Mismo Gymnastics:

## YES LEVELS 4, 5, 6 / NO Prep Opt, 7, 8, 9, 10

Weekend Of: Friday March 13<sup>th</sup> – Sunday March 15<sup>th</sup>

Meet Site: Mismo Gymnastics

Address: 1900 W Broadway St, Missoula, MT 59808

Phone: (406) 728-0908

Possible Information about level session days and times and meet hosts web site:

<http://www.mismogym.com>

Session Dates / Times:

### session three – modified traditional

**Saturday March 14 – Girls Level 4**

**8:00am – Open Stretch**

**8:15am – March-In**

**8:25am – Warm-up Event 1**

**8:40am – Compete Event 1**

### session four – modified traditional

**Saturday March 14 – Girls Level 5 A/B**

**11:00am – Open Stretch**

**11:15am – March-In**

**11:25am – Warm-up Event 1**

**11:50am – Compete Event 1**

### session five – modified traditional

**Saturday March 14 – Girls Level 6**

**3:00pm – Open Stretch**

**3:15pm – March-In**

**3:25pm – Warm-up Event 1**

**3:35pm – Compete Event 1**

Hotel Info:

C'Mon Inn around \$150 / night

<https://www.nitelink.com/nitelink21/main.asp?p=1080>

Directions:



From:

6360 N Sunshine St  
Coeur D'Alene, ID 83815



[Edit](#)

Drive:

167 mi – about 2 hours 29 mins

1. Head **north** on **N Sunshine St** toward **W Hanley Ave** 141 ft
2. Turn **left** at **W Hanley Ave** 413 ft
3. Turn **left** at **US-95 S** 2.2 mi
4. Turn **left** to merge onto **I-90 E** toward **Kellogg**  
Entering Montana 160 mi
5. Take exit **99** for **Airway Blvd** 0.3 mi
6. Turn **right** at **Airway Blvd** 0.5 mi
7. Turn **left** at **W Broadway St** 3.6 mi



To:

1900 W Broadway St Missoula, MT 59808



[Edit](#)

# **STATE MEET:**

## **YES LEVELS 4 – 10 / NO Prep Opt**

**Weekend Of:** March 27-29th 2009

**Meet Site:** ISU REED GYM, Martin Luther King Way, ISU Campus, Pocatello, ID

**Address:**

**Phone:**

**Possible Information about level session days and times and meet hosts web site:**

**<http://www.idahogymnastics.com/>**

**Admissions:**

Adults: \$10.00 per session or \$15.00 per day

Children/Seniors \$5.00 per session or \$10.00 per day

Seniors = 65 yrs +, children - thru high school

**Session Dates / Times:**

**[Girls State Session Information](#)**

**Air Fare:**

**Around 175.00 per person**

**Hotel:**

The Cottontree Inn  
1415 Bench Road  
208-237-7650

(The Cottontree will hold the block until February 20th reserve now to guarantee rooms)

**Map:**